

## Ananda Retreat in Sedona on April 30, 2010 – May 2, 2010

**Location:** Reiki Center of Sedona at 305 Jordan Rd., Sedona, AZ 86336

**Contact person in Sedona:** Daniella at 928-203-1031 or [www.anandaarizona.org](http://www.anandaarizona.org) or [dmferrari@q.com](mailto:dmferrari@q.com)

Rates shown below reflect the best information available when the chart was prepared.

### Hotels/Motels in Uptown Sedona (walking distance from retreat site)

Name	Rates	Breakfast incl.	Contact	Location
Rodeway Inn and Suites Iris Garden	\$119-\$219	Yes	800-228-2000 rodewayinn.com	On Jordan Rd., across the street
Apple Orchard Inn	\$125-\$205	Yes	928-282-5328 appleorchardbb.com	On Jordan Rd, a couple of short blocks away
A Touch of Sedona B&B	\$185-\$300	Yes	800-600-6462 touchofsedona.com	On Jordan Rd, a couple of short blocks away
Star Motel	\$80-\$96	No	928-282-3641 tripadvisor.com	On Jordan Rd, a couple of short blocks away
Best Western Arroyo Roble	\$219-\$239	Yes	928-282-4001 bestwesternarizona.com	A few blocks away
La Vista Motel	\$69-\$99	No	928-282-7301 Llavistamotel.com	A few blocks away
Matterhorn Inn	\$89-\$169	No	928-282-7176 matterhorninn.com	A few blocks away
Rose Tree Inn	\$95-\$135	No	928-282-2065 rosetreeinn.com	A few blocks away
Sedona Motel	\$89-119	No	928-282-7187 thesedonamotel.com	A few blocks away
Amara Resort and Spa	\$255-\$365	Yes	928-282-4828 amararesort.com	A few blocks away

### Hotels/Motels within 4 miles of Reiki Center

Name	Rates	Breakfast incl.	Contact
A Sunset Chateau B&B	\$199-399	Yes	(888) 988-3988 . asunetchateau.com
Baby Quail Inn	\$85	Yes	928-282-2835 / babyquailinn.com
Days Inn	\$82-90	No	928-282-9166 / daysinnsedona.com
Hamptons Inn	\$149	Yes	928-282-4700 HamptonInn.Hilton.com/Sedona
Lantern Light Inn	\$119-\$335	Yes	928-282-3419 / lanternlightinn.com
Sedona Real	\$144	Yes	928-282-1414 / sedonareal.com
Sedona Rouge	\$299	No	928-203-4111 / sedonarouge.com
Sugar Loaf Inn	\$70	No	928-282-9451 / sedonasugarloaf.com
Super 8 Motel	\$119	Yes	928-282-1533 / sedonasuper8.com
White House Inn	\$95	Yes	928-282-6680 whitehouseinn.netfirms.com

For those who wish to attend the retreat but cannot afford a motel/hotel room, please contact Daniella (see above). She will attempt to match them with a neighbor/friend to use their guest bedroom for a low rate.

## Airport Shuttles

### Sedona Phoenix Shuttle

Picks up and drops off at Super 8 Motel (see above)

[www.sedona-phoenix-shuttle.com](http://www.sedona-phoenix-shuttle.com)

928-282-1533

Approx. \$90 round trip

### Ace Express

Door to door service: [acexshuttle.com](http://acexshuttle.com)

800-336-2239

Approx. \$100 round trip

## Restaurants

All of the following are friendly to vegetarians.

### Within walking distance from retreat site

**Takashi** (Japanese)

½ block from the Reiki Center

**Mago Café** (Korean)

Two blocks from the Reiki Center

**Wildflower Bread Company** (salads, sandwiches, pastries, etc.)

Café at the Hyatt Hotel – 3 blocks from the Reiki Center – great for lunch

**El Rincon** (Mexican)

Tlaquepaque Village, 6 blocks from Reiki Center

### Within 4 miles from the retreat site:

**Szechuan** (Chinese food and Sushi Bar)

1350 W. Hwy 89A

Phone: 282-9288

**Picazzo's** (Pizzas and salads)

A1855 W. Hwy 89A

Phone: 282-4140

**India Palace** (Indian food)

1910 W. Hwy 89A

Phone: 204-2300

**A Pizza Heaven** (Italian)

2675 W. Hwy 89A

Phone: 282-0519

**Thai Spices Natural Restaurant** (Thai food)

2986 W. Hwy 89A

Phone: 282-0599

**D'Lish** (Vegetarian)

3190 W. Hwy 89A

Phone: 203-9393

**Hideaway Restaurant and Lounge** (Italian)

251 Hwy 179

Phone: 282-4204